

Daily Bread

Feria of 19th Week of Ordinary Time

Monday, 12th August

Ezekiel 1: 1-5, 24-28;
Matthew 17: 22-27

Tuesday, 13th August

Ezekiel 2: 8 - 3: 4;
Matthew 18: 1-5, 10, 12-14

Wednesday, 14th August

Ezekiel 9: 1-7; 10: 18-22
Matthew 18: 15-20

Thursday, 15th August

Ezekiel 12: 1-16;
Matthew 18: 21 - 19: 1

Friday, 16th August

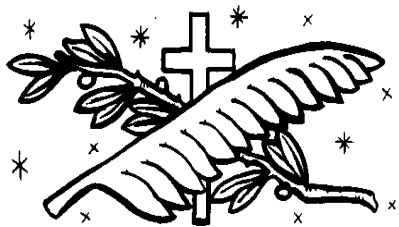
Ezekiel 16: 1-15, 59-63;
Matthew 19: 3-12

Saturday, 17th August

Ezekiel 18: 1-13, 30-32;
Matthew 19: 13-15

Sunday, 18th August

13th Sunday after Pentecost
Proverbs 9: 1-6; Psalm 34: 9-14;
Ephesians 5: 15-20; John 6: 51-58
Eucharist (St John's Church),
10.30am



Announcements

Next Sunday, 18 August: There will be no service at St Serf's Church on Sunday, 18 August. There will be a 1982 Eucharist at St John's Church at 10.30am. All are welcome.

Morning Prayer will be livestreamed at 9am on Facebook on Mondays, Tuesdays and Wednesdays.

Days Off: Revd Tess takes **Thursday** and **Friday** as days off.



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GLASGOW EAST END EPISCOPAL CHURCHES

*(Incorporating St John's,
Baillieston; St Kentigern's,
Dennistoun and St Serf's,
Shettleston)*

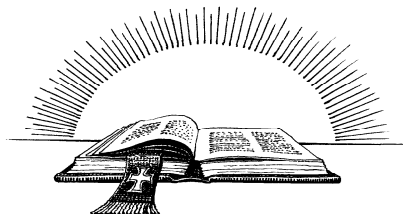
12th Sunday after Pentecost

11th August 2024

Welcome to our church for this Sunday's service; do stay for tea or coffee afterwards, we look forward to meeting you. If the morning service is the celebration of the Eucharist, all are welcome to make their communion here. Or if you prefer to receive a blessing, please come forward to the rail with arms by your sides.

Collect

Open your merciful ears, O Lord, to the prayers of your humble servants: and, that you would graciously grant what we ask, make us desire what is pleasing in your sight; through Jesus Christ, our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, world without end.



Lectionary

1 Kings 19: 4-8

A reading from the first book of Kings.

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O LORD, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Psalm 34: 1-8

R Turn from evil and do good.

1 I will bless the Lord at all times; his praise shall ever be in my mouth.

2 I will glory in the Lord; let the humble hear and rejoice.

R

3 Proclaim with me the greatness of the Lord; let us exalt his name together.

4 I sought the Lord and he answered me and delivered me out of all my terror.

R

5 Look upon him and be radiant, and let not your faces be ashamed.

6 I called in my affliction and the Lord heard me and saved me from all my troubles.

R

7 The angel of the Lord encompasses those who fear him, and he will deliver them.

8 Taste and see that the Lord is good; happy are they who trust in him!

R Turn from evil and do good.

Ephesians 4: 25 - 5:2

A reading from the letter of Paul to the Ephesians.

Putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us

and gave himself up for us, a fragrant offering and sacrifice to God.

John 6: 35, 41-51

Hear the gospel of our Lord Jesus Christ according to John.

Jesus said to the crowd, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.' Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

Post Communion

Eternal God, grant to your Church the unity and peace that we have tasted in this eucharist, the fruit of your life-giving Spirit. We ask this in the name of Jesus Christ the Lord.

Intercessions

Please pray for healing and comfort for:

Dorothea, David, Alex, Elizabeth, Valerie, Ina, Joseph, Liz, Harry John, Danut, Mihaela, Alan, Janet, Christina, John, Sarah and Ashley.

Faithful departed anniversaries:

Randle Wilson, Esther Farley and Muriel Dalziel.

Today's Readings

First Reading - 1 Kings 19: 4-8

Elijah is in deep despair but when he prays that he may die God feeds him with bread which gives him new life and the strength to continue his long journey.

Second Reading - Eph 4: 25 - 5: 2

Paul's words to the Ephesians suggest that there were tensions, jealousies and anger between members of this young church community. What he says about how Christians should treat each other may well need saying also to church communities today.

Gospel - John 6: 35, 41-51

Jesus identifies himself as the bread of life and reveals his unique

relationship with God the Father, saying that all who listen to God and learn from God are drawn to Jesus and in believing in him they are given eternal life.

Reflection

Like a fruit tree we all know our seasons.

In spring the tree is full of buds and blossoms.

So at times our lives are full of hope and promise.

In summer the tree is full of leaves.

Our lives at times are like that.

They are full of joy and contentment.

In autumn the tree becomes a feast of colour and is full of ripe fruit.

At times our lives are like that - full of meaning and achievement.

But in winter the tree is stripped bare.

So winter can hit our lives.

We are in the grip of a pain and depression that robs us of everything, even of the will to live.

It is on that day we need the visit of an angel such as Mr. Benson.

However, if in the height of my summer I failed to see my neighbour's winter, what right have I to expect such an angel?

The marvellous thing about Mr.

Benson was this:

in the midst of his own winter he created spring for another person.