

## Daily Bread

*Feria of 20<sup>th</sup> Week of Ordinary Time*

### Monday, 19<sup>th</sup> August

Ezekiel 24: 15-24;  
Matthew 19: 16-22

### Tuesday, 20<sup>th</sup> August

Ezekiel 28: 1-10;  
Matthew 19: 23-30

### Wednesday, 21<sup>st</sup> August

Ezekiel 34: 1-11;  
Matthew 20: 1-16a

### Thursday, 22<sup>nd</sup> August

Ezekiel 36: 22-28;  
Matthew 22: 1-14

### Friday, 23<sup>rd</sup> August

Ezekiel 37: 1-14; Matthew 22: 34-40

### Saturday, 24<sup>th</sup> August

Ezekiel 43: 1-7; Matthew 23: 1-12

### Sunday, 25<sup>th</sup> August

*14<sup>th</sup> Sunday after Pentecost*

Joshua 24: 1-2a, 14-18;  
Psalm 34: 15-22;  
Ephesians 6: 10-20; John 6: 56-69  
Eucharist (St Serf's Church),  
10.30am



## Announcements

**Next Sunday, 25 August:** There will be no service at St John's Church on Sunday, 25 August. There will be a 1982 Eucharist at St Serf's Church at 10.30am. All are welcome.

**Morning Prayer** will be livestreamed at 9am on Facebook on Mondays, Tuesdays and Wednesdays.

**Days Off:** Revd Tess takes **Thursday** and **Friday** as days off.

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*St John's Church, 23 Swinton Road*  
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*Scottish Charity No. SC001473*

## GLASGOW EAST END EPISCOPAL CHURCHES

**(Incorporating St John's,  
Baillieston; St Kentigern's,  
Dennistoun and St Serf's,  
Shettleston)**

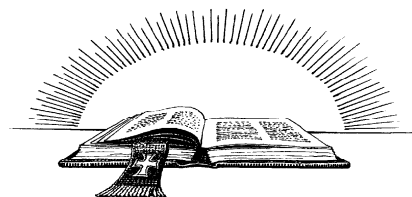
### 13<sup>th</sup> Sunday after Pentecost

### 18<sup>th</sup> August 2024

*Welcome to our church for this Sunday's service; do stay for tea or coffee afterwards, we look forward to meeting you. If the morning service is the celebration of the Eucharist, all are welcome to make their communion here. Or if you prefer to receive a blessing, please come forward to the rail with arms by your sides.*

### Collect

O God, you make known your almighty power in your merciful compassion: increase your mercy towards us; that we, being eager for your promises, may inherit the treasures of heaven; through Jesus Christ, our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, world without end.



## Lectionary

### Proverbs 9: 1-6

*A reading from the book of Proverbs.*

Wisdom has built her house, she has hewn her seven pillars. She has slaughtered her animals, she has mixed her wine, she has also set her table. She has sent out her servant-girls, she calls from the highest places in the town, 'You that are simple, turn in here!' To those without sense she says, 'Come, eat of my bread and drink of the wine I have mixed. Lay aside immaturity, and live, and walk in the way of insight.'

### Psalm 34: 9-14

**R I will bless your goodness, God my Father. You make me one with Christ, your Son.**

I will thank the Lord in joy and sorrow.

My tongue shall always tell his praise;  
in the Lord alone my spirit glories;  
the sad at heart take heart anew.

**R**

Turn your face to God, and shine in splendor.

His presence drives away all fear;  
when the poor cry out, the Lord is list'ning,  
he rescues them in all their needs.

**R**

Like an army, angels gather round us,  
to shelter those who fear his name;  
taste and see how gracious is his goodness!

How happy those who trust in God.

**R**

Keep your tongue from speaking any evil, your lips from any lying word; turn aside from wrong to ways of goodness, and always seek the paths of peace.

**R**

God will set his face against the wicked, their name will fade beyond recall; he will turn to hear his faithful servants, and give them what they ask in love.

**R I will bless your goodness, God my Father. You make me one with Christ, your Son.**

### **Ephesians 5: 15-20**

*A reading from the letter of Paul to the Ephesians.*

Brothers and sisters, be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

### **John 6: 51-58**

*Hear the gospel of our Lord Jesus Christ according to John.*

Jesus said to the crowd:

'I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.' The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

### **Post Communion**

Eternal God, we have received a token of your promise. May we who have been nourished by holy things live as faithful heirs of your promised kingdom, in the name of Jesus Christ our Lord.

### **Today's Readings**

#### **First Reading - Prov 9: 1-6**

Wisdom is personified as someone who offers hospitality freely and generously to those who come to her. She invites those who live unthinkingly to approach her table, to leave their immature ways, and to "walk in the way of insight".

#### **Second Reading - Eph 5: 15-20**

The Ephesians are urged to live wisely, understanding what the will of the Lord is, and giving thanks to God for everything in the name of Christ.

#### **Gospel - John 6: 51-58**

Jesus declares himself to be the living bread from heaven, which gives life to the world. Unlike the bread which God gave in the wilderness, whose effects were only temporary, this living bread gives those who eat it eternal life.

#### **Intercessions**

***Please pray for healing and comfort for:***

Dorothea, David, Alex, Elizabeth, Valerie, Ina, Joseph, Liz, Harry John, Danut, Mihaela, Alan, Janet, Christina, John, Sarah and Ashley.

***Faithful departed anniversaries:***  
Netta Donald.

#### **Reflection**

Jesus said:

*'Those who eat my flesh and drink my blood abide in me, and I in them.'*

The idea of eating and drinking as a religious act is perfectly fulfilled in the Eucharist, which unites every communicant with Christ the Lord.

#### **Prayers**

You created everything, sovereign Lord, for the glory of your name. You gave food and drink to people for their enjoyment, and as a cause for thanksgiving. And to us you have given spiritual food and spiritual drink, bestowing on us the promise of eternal life. Above all we thank you for the power of your love. Glory to you throughout the ages. Amen. (From *The Didache*)

Lord Jesus, abide in me and let me abide in you. By the power of your communion may I be made whole and lifted from the sin and weakness that would turn me from you. Keep me in the holy fellowship of all those who would come to your table. Amen.

Taken from Raymond Chapman's *Following the Gospel through the Year* Canterbury Press.