

Daily Bread

Feria of 26th Week of Ordinary Time

Monday, 30th September

Zechariah 8: 1-8; Luke 9: 46-50

Tuesday, 1st October

Job 3: 1-3, 11-23; Luke 9: 51-56

Wednesday, 2nd October

Job 9: 1-16; Luke 9: 57-62

Thursday, 3rd October

Job 19: 21-27; Luke 10: 1-12

Friday, 4th October

Job 38: 1, 12-21: 40: 1-5;
Luke 10: 13-16

Saturday, 5th October

Job 42: 1-6, 12: 17; Luke 10: 17-24

Sunday, 6th October

20th Sunday after Pentecost (Harvest)

Joel 2: 21-27; Psalm 100;
Philippians 4: 4-9; John 6: 25-35
Eucharist (St John's Church), 10.30am

Announcements

Next Sunday, 6 October: There will be a 1982 Eucharist at St John's Church at 10.30am (no service at St Serf's). All are welcome.

Morning Prayer will be livestreamed at 9am on Facebook on Mondays, Tuesdays and Wednesdays.

Discussion Group: The Monday afternoon discussion group will continue on **Monday 1st October** at **St Serf's** at 3pm. All are welcome. We will be watching together and discussing the dramatisation of Jesus' ministry called "The Chosen". For more details

please ask Revd Tess. A Zoom link is available for those unable to attend in person - please ask Tess.

Harvest Lunch: After the Eucharist on Sunday, 6 October at St John's there will be a Harvest Lunch.

Harvest Appeal: This year, we shall be supporting a local Food Bank. Donations of non-perishable foods will be gratefully received. There are envelopes available at the back of the church for those who prefer to give a monetary donation.

Jive Night: There will be a Jive Night including a professional dance demonstration at **St John's** on **Saturday, 12 October** at **7.30pm**. The cost will be £12 per person. Please bring your own refreshments.

Days Off: Revd Tess takes **Thursday** and **Friday** as days off.

*Priest-in-Charge: Reverend Tess Lowe
Email: priest@eastendepiscopal.org.uk*

Office telephone: 0141 778 4392.

Pastoral Assistant: Mrs Maureen Langford

*Team Administrator: Miss Trudy Hill
East End Episcopal Churches Office
St Serf's, 1464 Shettleston Road
Glasgow, G32 9AL
Office telephone: 0141 778 4392.*

*Website: www.eastendepiscopal.org.uk
Visit us also on Facebook - East End
Episcopal Churches.*

*St John's Church, 23 Swinton Road
Baillieston, G69 6DS*

Scottish Charity No. SC001473

GLASGOW EAST END EPISCOPAL CHURCHES

(Incorporating St John's,
Baillieston; St Kentigern's,
Dennistoun and St Serf's,
Shettleston)

19th Sunday after Pentecost

29th September 2024

Welcome to our church for this Sunday's service; do stay for tea or coffee afterwards, we look forward to meeting you. If the morning service is the celebration of the Eucharist, all are welcome to make their communion here. Or if you prefer to receive a blessing, please come forward to the rail with arms by your sides.

Collect

O Lord, may your grace at all times go before us, and follow on behind: and so continually direct us to good works; through Jesus Christ, our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, world without end.



Numbers 11: 4-6, 10-16, 24-29

A reading from the book of Numbers.

The rabble among the people had a strong craving; and the Israelites also wept again, and said, 'If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic; but now our strength is dried up, and there is nothing at all but this manna to look at.' Moses heard the people weeping throughout their families, all at the entrances of their tents. Then the LORD became very angry, and Moses was displeased. So Moses said to the LORD, 'Why have you treated your servant so badly? Why have I not found favour in your sight, that you lay the burden of all this people on me? Did I conceive all this people? Did I give birth to them, that you should say to me, "Carry them in your bosom, as a nurse carries a sucking child," to the land that you promised on oath to their ancestors? Where am I to get meat to give to all this people? For they come weeping to me and say, "Give us meat to eat!" I am not able to carry all this people alone, for they are too heavy for me. If this is the way you are going to treat me, put me to death at once – if I have found favour in your sight – and do not let me see my misery.' So the LORD said to Moses, 'Gather for me seventy of the elders of Israel, whom you know to be the elders of the people and officers over them; bring them to the tent of meeting, and have them take their place there with you.' So Moses went out and told the people the words of the LORD; and he gathered seventy elders of the people, and placed them all around the tent. Then the LORD came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the

seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again. Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, 'Eldad and Medad are prophesying in the camp.' And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, 'My lord Moses, stop them!' But Moses said to him, 'Are you jealous for my sake? Would that all the LORD's people were prophets, and that the LORD would put his spirit on them!'

Psalm 19

R Lord, you have the message of eternal life.

The law of the Lord is perfect, it revives the soul.

The rule of the Lord is to be trusted, it gives wisdom to the simple.

R
The precepts of the Lord are right; they gladden the heart.

The command of the Lord is clear; it gives light to the blind.

R
The fear of the Lord is holy, abiding for ever.

The decrees of the Lord are truth, and all of them just.

R
They are more to be desired than gold, than the purest of gold; sweeter are they than honey, than honey from the comb.

R

James 5: 13-20

A reading from the letter of James.

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest. My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

Mark 9: 38-50

Hear the gospel of our Lord Jesus Christ according to Mark.

After Jesus had finished teaching the disciples, John said to him, 'Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us.' But Jesus said, 'Do not stop him; for no one who does a deed of power in my name will be able soon afterwards to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink

because you bear the name of Christ will by no means lose the reward. If any of you put a stumbling-block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched. For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another.'

Post Communion

Father in heaven, strengthen the unity of your Church, so that we who have been fed with holy things may fulfil your will in the world. We ask this in the name of Jesus Christ our Lord.

Intercessions

Please pray for healing and comfort for:

Alan, Dorothea, David, Alex, Elizabeth, Valerie, Ina, Liz, Harry John, Danut, Mihaela, Alan, Janet, Christina, John, Sarah and Ashley.

Recently departed:

Joseph Dunbar.

Reflection

There are three possible levels of communication between couples or friends.

The first is really no communication at all.

Though they are close, their minds and hearts never meet. They are like shells on a shore.

The second is a superficial level. They make polite but meaningless noises to each other.

They never talk about their feelings, and rarely give each other signs of affection.

The third is real communication. They are not afraid to show each other that they are full of fears and anxieties, that they are wounded and vulnerable.

It is only when we reveal our wounds to someone who accepts us that healing can happen and we can grow.

Love is something we have to learn. The road from egoism to love is a long and sometimes hard one. But it is immensely rewarding.

Lord, teach us how to love.

