

## Daily Bread

Feria of 4<sup>th</sup> Week of Ordinary Time

### Monday, 2<sup>nd</sup> February

2 Samuel 15: 13-14, 30; 16: 5-14;  
Mark 5: 1-20

### Tuesday, 3<sup>rd</sup> February

2 Samuel 18: 9-14, 24 - 19: 3;  
Mark 5: 21-43

### Wednesday, 4<sup>th</sup> February

2 Samuel 24: 2, 9-17; Mark 6: 1-6

### Thursday, 5<sup>th</sup> February

1 Kings 2: 1-4, 10-12;  
Mark 6: 7-13;

### Friday, 6<sup>th</sup> February

Sirach 47: 2-11; Mark 6: 14-29

### Saturday, 7<sup>th</sup> February

1 Kings 3: 3-14; Mark 6: 30-34

### Sunday, 8<sup>th</sup> February

5<sup>th</sup> Sunday after Epiphany

Isaiah 58: 1-9a; Psalm 112: 1-9;  
1 Corinthians 2: 1-12;  
Matthew 5: 13-20  
Eucharist (St Serf's Church), 9am  
Eucharist (St Serf's Church),  
10.30am.

## Announcements

**Next Sunday, 8 February:** There will be a 1970 Eucharist at St Serf's Church at 9am and a 1982 Eucharist at St Serf's Church at 10.30am (no service at St John's). All are welcome.

**Morning Prayer** will be livestreamed at 9am on Facebook on Mondays, Tuesdays and Wednesdays.

'Common Ground - Church for Everyone' At St Serf's Church tonight Sunday, 1st February at 6:30pm there will be a Celtic-style ecumenical service using Taizé chant and unaccompanied singing. It will be led by Revd Tess assisted by younger adults from various Glasgow churches. This SEC service is open to all ages and denominations. After the service there will be food to share together.

**Funeral:** The funeral for Sandra McCafferty will take place on Monday, 2 February at St Serf's at 10.15am followed by a burial at Sandymount Cemetery.

**Quiz Night:** There will be a Quiz Night at **St Serf's** on **Wednesday, 11 February** at **7pm**. Cost is £3 per person.

**Days off:** Revd Tess takes **Thursday** and **Friday** as days off.

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Visit us also on Facebook - **East End Episcopal Churches**.

**St John's Church, 23 Swinton Road**  
Baillieston, G69 6DS

**Scottish Charity No. SC001473**

## GLASGOW EAST END EPISCOPAL CHURCHES

(Incorporating St John's,  
Baillieston; St Kentigern's,  
Dennistoun and St Serf's,  
Shettleston)

## 4<sup>th</sup> Sunday after Epiphany

**1<sup>st</sup> February 2026**

*Welcome to our church for this Sunday's service; do stay for tea or coffee afterwards, we look forward to meeting you. If the morning service is the celebration of the Eucharist, all are welcome to make their communion here. Or if you prefer to receive a blessing, please come forward to the rail with arms by your sides.*

## Collect

Living God, in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.



## Lectionary

### Micah 6: 1-8

*A reading from the book of the prophet Micah.*

Hear what the LORD says:

Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the LORD, and you enduring foundations of the earth; for the LORD has a controversy with his people, and he will contend with Israel. 'O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the LORD.' 'With what shall I come before the LORD, and bow myself before God on high? Shall I come before him with burnt-offerings, with calves a year old? Will the LORD be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?' He has told you, O mortal, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?

## Psalm 15

**R** The just will live in the presence of God, live with God for ever. Who shall dwell in the heights with you?

Those who walk without fault; all who walk in the ways of justice; people whose hearts are true.

**R**

Do not harm your neighbour's name; those who honour my name, cast no slur on your neighbour's ways, on all those who fear the Lord.

**R**

Keep your promises, come what may, take no profit from loans; take no bribes if you walk my ways; stand firm as you walk my ways.

**R**

## 1 Corinthians 1: 18-31

*A reading from the first letter to the Corinthians.*

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, 'I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.' Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to

Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, 'Let the one who boasts, boast in the Lord.'

## Matthew 5: 1-12

*Hear the gospel of our Lord Jesus Christ according to Matthew.*

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: 'Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure

in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.'

## Post Communion

Source of all goodness, in this eucharist we are nourished by the bread of heaven and invigorated with new wine. May these gifts renew our lives, that we may show your glory to all the world; in the name of Jesus Christ the Lord.

## Intercessions

*Please pray for healing and comfort for:*

Dorotheea, David, Elizabeth, Valerie, George, Ina, Liz, Harry John, Danut, Mihaela, Janet, John, Christine, Jeremy, Annie, Deirdre, Sheila, Margaret, Ronnie and Donna.

*Recently departed:*

Sandra McCafferty and Betty Flynn.

*Faithful departed anniversaries:*

John Hamilton, James Cullen, Margaret Hamilton, Alan McLoughlan, Esther Newall, Paul Ellington and Mary Murdoch.

## Reflection

Desire for God is at the heart of all true religion.

Worship is only real if it is centred entirely on God and not on personal satisfaction or desire for merit.

*'Blessed are those who hunger and thirst for righteousness, for they will be filled.'*

My God, fill me with yourself, so that I may truly be your child. When I look at my decisions, my pleasures, my desires, give me your Spirit of truth to judge whether they are leading me to you.

May your word be to me food and drink, sustaining me from day to day until I come to you wholly. Amen.

*(Taken from 'Following the Gospel Through the Year' by Raymond Chapman.)*

**T**urn   
your heart  
to God.